#### DER BESTRAHLTE DARM- PRÄVENTION UND THERAPIE

Annemarie Schratter-Sehn

#### ISDS Malta 2018

















**RT-NW** Diarrhea Blutung Ulcerationen **Gewichts-Albuminverlust Fisteln** Obstruktionen Fibrosen







### Fenoglio-Preiser / FP94/ acute ischemic damage / small bowel Martin Klimpfinger







# Fenoglio-Preiser / FP99/ acute radiation damage / small bowel









# Chronisches Ulkus in Abheilung nach Strahlentherapie / Dünndarm









# Akute arterielle Gefäßwandveränderungen nach Strahlentherapie









# Akute arterielle Gefäßwandveränderungen nach Strahlentherapie









#### Ischämische Kolitis bei arteriellen Gefäßveränderungen nach Strahlentherapie





M.K



# Chronische arterielle Gefäßwandveränderungen nach Strahlentherapie







#### Perforierte ischämische Kolitis (Op. Prof. Berger / BHB Graz)





M.K

#### <u>Biologische Grundlagen der Spätfolgen</u> <u>in der Strahlentherapie:</u>

Organtoleranz Bestrahlungsdosis Bestrahlungsvolumen Bestrahlungsfraktionierung Verstärkungsfaktoren





Bestrahlungsdosen Organtoleranz SOLIDER TUMOR: 50-80 Gy, 2 Gy/F Dünndarm: 20-40 Gy, 2 Gy/F Dickdarm: 30-50 Gy, 2 Gy/F Leber: max. 30 Gy, 2 Gy/F Nieren: max.18 Gy, 2 Gy

Dosis-Volumen-Histogramm







# QUNTEC DOSE CONSTRAINS Dosis-Volumen und Fraktionen

#### Dünndarm

Keine NW: 15 GY Dosis- <120cc Volumen Keine schweren NW: 45 GY Dosis- <195cc Volumen SBRT 1F: 12,5 GY Dosis- < 30cc Volumen



Int.J.ROBP Vol.76, No.3pp.S 101-S 107, 2010 BD Kavanagh et al







### **Teletherapie**

# KO

idesenation with

Konformale RT **IMRT**(IntensitätsModulierte RT) V-MAT(Volumetric Modulated Arc Therapie) Stereotaxie SIB-IMRT-VMAT(Simultan Integrierter Boost) SIS-IMRT-VMAT (Simultan Integriertes Sparing) IGRT(Image-guided radiation therapy) Atemgating





Wien ist anders











#### **ISC/IMRT/VMAT**

DOSISOPTIMIERUNG im Zielgebiet DOSISHOMOGENISIERUNG RISIKOORGANDOSISREDUZIERUNG KOMPLEXE PLANUNG KOMPLEXE BESTRAHLUNGSTECHN













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User Katro Thomas Groups Drowingist Site Main 107 MUM 11







Lösung: SIS (simultan integriertes Sparing) der cranialen Region (Dmean 66Gy) Dosismax. in Sigmaschlinge jetzt 58 Gy







#### **Zeitvergleich Prostata**

Abbildung 19: Auswertung IMRT & VMAT Zeitvergleich Prostata Quelle British Journal of Radiology/SMZ Süd KFJIRO eigene Darstellungen

Masterthesis / Projektarbeit Ing. Andreas Osztavics





#### SBRT liver – 4th place of possibilities







# Neoadjuvante CRT

Aerificati

Scale [cm] 4.0

lime (+

25

Stabilerer Performancestatus präoperativ Tumorcontouring Sauerstoffeffekt Keine p.op.Darmfixierung Accelerierte Dosierung moderate Stereotaxie?

CBCT

.2 cm +1.0

10

# KCN

15

Neue Technologie (VMAT, Atemgating, Auto Scale











#### **Intraoperative Radiotherapie**









## PRÄVENTION

Structural stability of human fibroblast growth factor-1 is essential for protective effects against radiation-induced intestinal damage.

Nakayama F et al IIJROBP 2013;85:477-83

Effect of antioxidant supplementation on digestive enzymes in radiation induced intestinal damage in rats

Anwar M et al IJROBP2013,89(12):1061-70

Amifostine alleviates radiation-induced lethal small bowel damage via promotion of 14-3-mediated nuclear p53 accumulation

> Eng-Yen Huang et al Oncotarget.2014;5(20):9756-69

A Novel Mouse Model to Study Image-Guided, Radiation-Induced Intestinal Injury andPreclinical Screening of Radioprotectors

> I Verginadis et al Mol and cellular Pathobiology 2017





## PRÄVENTION

Biologische Grundlagen der Spätfolgen in der Strahlentherapie:

> Organtoleranz Bestrahlungsdosis Bestrahlungsvolumen Bestrahlungsfraktionierung Verstärkungsfaktoren

## Planung nach Quanteckriterien Bestrahlungsvolumen so gering wie möglich VMAT und tägl. CBCT





## THE HUMAN FACTOR ....





Moderne radiotherapeutische Konzepte












































# Effect of antioxidant supplementation on digestive enzymes in radiation induced intestinal damage in rats.

Amach<sup>1</sup> Nanda N, Bhatia A, Akhtar R, Mahmood S. AUTHOR INFORMATION

Department of Experimental Medicine & Biotechnology, Postgraduate Institute of Medical Education & Research, Chandigarh, India.

# Abstract

Ghanuiyani , inui

#### Abstract

## PURPOSE:

Intestinal mucosa, a rapidly proliferating tissue, is highly sensitive to radiation and undergoes apoptosis as a consequence of over generation of oxidative free radicals and the lack of the antioxidants. Thus the present study was designed to investigate the intestinal damage induced by radiation and to study if supplementation of the diet with antioxidant vitamins could ameliorate the intestinal damage and its digestive activity, as determined by the expression of various border enzymes.

## MATERIALS AND METHODS:

Swiss Albino rats (150-200 g body weight) were divided into six groups. Group I: Control untreated; Group II: Irradiated; Group III: Irradiated + vitamin A; Group IV: Irradiated + vitamin C; Group V: Irradiated + vitamin E; and Group VI: Irradiated + lycopene. Animals were exposed to whole body γ-radiation from (60)Co at the rate of 8 Gy for 15 min/rat. Intestinal morphology and changes in various digestive enzymes together with, DNA damage was studied in six groups and each group consisted of 18 animals.

## **RESULTS:**

The gastrointestinal toxicity resulted in malabsorption, diarrhoea, weight loss, loss of appetite, abdominal haemorrhage and hair loss. The activities of sucrase and alkaline phosphatase were elevated and those of lactase, leucine aminopeptidase (LAP) and gamma-glutamyl transpeptidase or tranferase (γ-GTP) were markedly reduced. Antioxidant vitamin A, C or E supplementations prevented changes in brush border enzyme activities as compared to lycopene administration in rat ntestine by radiation exposure. Intestinal histology showed that the vitamin supplementation to irradiated rats minimized the intestinal damage in rats.

## CONCLUSION:

hese findings suggest that the epithelial lining of the intestine is highly sensitive to radiation exposure and supplementation of antioxidant vitamins is helpful in minimizing the intestinal damage and supplementation by vitamin E was most potent in

CAINER PRANA IN PRAINING

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StaDt+Wien Wien ist anders. Structural stability of human fibroblast growth factor-1 is essential for protective effects against radiation-induced intestinal damage. Nekavema E1, Umeda S, Yasuda T, Asada M, Motomura K, Suzuki M, Zakrzewska M, Imamura T, Imal T. AUTHOR INFORMATION

Advanced Radiation Biology Research Program, Research Center for Charged Particle Therapy, National Institute of Radiological Sciences, Chiba, Japan. f\_naka@nirs.go.jp

#### Abstract

#### PURPOSE:

Human fibroblast growth factor-1 (FGF1) has radioprotective effects on the intestine, although its structural instability limits its potential for practical use. Several stable FGF1 mutants were created increasing stability in the order, wild-type FGF1, single mutants (Q40P, S47I, and H93G), Q40P/S47I, and Q40P/S47I/H93G. This study evaluated the contribution of the structural stability of FGF1 to its radioprotective effect.

#### **METHODS AND MATERIALS:**

Each FGF1 mutant was administered intraperitoneally to BALB/c mice in the absence of heparin 24 h before or after total body irradiation (TBI) with γ-rays at 8-12 Gy. Several radioprotective effects were examined in the jejunum.

#### **RESULTS:**

Q40P/S47I/H93G could activate all subtypes of FGF receptors in vitro much more strongly than the wild-type without endogenous or exogenous heparin. Preirradiation treatment with Q40P/S47I/H93G significantly increased crypt survival more than wild-type FGF1 after TBI at 10 or 12 Gy, and postirradiation treatment with Q40P/S47I/H93G was effective in promoting crypt survival after TBI at 10, 11, or 12 Gy. In addition, crypt cell proliferation, crypt depth, and epithelial differentiation were significantly promoted by postirradiation treatment with Q40P/S47I/H93G. The level of stability of FGF1 mutants correlated with their mitogenic activities in vitro in the absence of heparin; however, preirradiation treatment with the mutants increased the crypt number to almost the same level as Q40P/S47I/H93G. When given 24 h after TBI at 10 Gy, all FGF1 mutants increased crypt survival more than wild-type FGF1, and Q40P/S47I/H93G had the strongest mitogenic effects in intestinal epithelial cells after radiation damage. Moreover, Q40P/S47I/H93G prolonged mouse survival after TBI because of the repair of intestinal damage.

#### CONCLUSION:

These findings suggest that the structural stability of FGF1 can contribute to the enhancement of protective effects against radiation-induced intestinal damage. Therefore, Q40P/S47I/H93G is pharmacologically one of the most promising candidates for clinical applications for radiation-induced gastrointestinal syndrome.





Locally Advanced, Unresectable Pancreatic Cancer: American Society of Clinical Oncology Clinical Practice Guideline Edward P. Balaban et al

To provide evidence-based recommendations to oncologists and others for treatment of patients with locally advanced, unresectable pancreatic cancer.

Methods

American Society of Clinical Oncology convened an Expert Panel of medical oncology, radiation oncology, surgical oncology, gastroenterology, palliative care, and advocacy experts and conducted a systematic review of the literature from January 2002 to June 2015. Outcomes included overall survival, disease-free survival, progression-free survival, and adverse events. Results

Twenty-six randomized controlled trials met the systematic review criteria. Recommendations

A multiphase computed tomography scan of the chest, abdomen, and pelvis should be performed. Baseline performance status and comorbidity profile should be evaluated. The goals of care, patient preferences, psychological status, support systems, and symptoms should guide decisions for treatments. A palliative care referral should occur at first visit. Initial systemic chemotherapy (6months) with a combination regimen is recommended for most patients (for some patients radiation therapy may be offered up front) with Eastern Cooperative Oncology Group performance status 0 or 1 and a favorable comorbidity profile. There is no clear evidence to support one regimen over another. The gemcitabinebased combinations and treatments recommended in themetastatic setting (eg. fluorouracil, leucovorin, irinotecan, and oxaliplatin and gemcitabine plus nanoparticle albumin-bound paclitaxel) have not been evaluated in randomized controlled trials involving locally advanced, unresectable pancreatic cancer. If there is local disease progression after induction chemotherapy, without metastasis, then radiation therapy or stereotactic body radiotherapy may be offered also with an Eastern Cooperative Oncology Group performance status#2 and an adequate comorbidity profile. If there is stable disease after 6 months of induction chemotherapy but unacceptable toxicities, radiation therapy may be offered as an alternative. Patients with disease progression should be offered treatment per the ASCO Metastatic Pancreatic Cancer Treatment Guideline. Follow-up visits every 3 to 4months are recommended. Additional information is available at www.asco.org/guidelines/LAPC and www.asco. org/guidelines/MetPC and www.asco.org/guidelineswiki.

J Clin Oncol 34:2654-2668. © 2016 by American Society of Clinical Oncology







# Example of a breathing curve













# Structural stability of human fibroblast growth factor-1 is essential for protective effects against radiationinduced intestinal damage.

Nakayama F1, Umeda S, Yasuda T, Asada M, Motomura K, Suzuki M, Zakrzewska M, Imamura T, Imai T.

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